

Australian Government

**Department of Health** 

# **Application 1530:**

Purified human alpha1-proteinase inhibitor for the treatment of alpha1-proteinase inhibitor deficiency, leading to chronic obstructive pulmonary disease

# **PICO Confirmation**

(To guide a new application to MSAC)

(Version 1.0)

Component	Description
Patients	Ex-smokers or individuals who have never smoked, with severe alpha1-proteinase inhibitor deficiency (serum levels $\leq$ 11 $\mu$ M) and emphysema with FEV <sub>1</sub> <80%.
	Note that other populations of interest might include (and evidence could be presented for):
	<ol> <li>Individuals with chronic obstructive pulmonary disease (COPD) and severe alpha1-proteinase inhibitor deficiency (serum levels ≤11 µM)</li> </ol>
	2. Individuals with emphysema or COPD stratified according to airflow
	obstruction which is mild, moderate, or severe 3. Individuals with emphysema and genotypes other than ZZ
	4. Individuals with emphysema and deficiency >11 $\mu$ M
Prior tests (for investigative medical services )	Alpha1-proteinase inhibitor deficiency: A1-PI serum levels and genotype Lung functions: Spirometry (FEV <sub>1</sub> /FVC <0.7) and investigations to exclude other conditions Emphysema: Computed tomography of the lung and chest X-ray
	Other relevant: Tests for monitoring compliance with smoking cessation, arterial
	blood gases analysis, sputum examination, other respiratory function investigations
Interventions	Augmentation therapy with Prolastin-C, in addition to optimal pharmacological treatment and supportive care; <b>OR</b>
	<ul> <li>Augmentation therapy with Zemaira, in addition to optimal pharmacological treatment and supportive care.</li> </ul>
Comparators	Optimal pharmacological treatment and supportive care
	Augmentation therapy (in addition to optimal pharmacological treatment and supportive care) with the alternative augmentation agent (i.e. Prolastin-C versus Zemaira)
Outcomes	Safety
	Incidence and severity of adverse events
	Primary effectiveness
	<ul> <li>Respiratory function measured by spirometry (FEV<sub>1</sub>) and FEV<sub>1</sub>/FVC ratio</li> <li>Dyspnoea (measured with a validated tool e.g. Baseline dyspnoea index, Transition dyspnoea index)</li> </ul>
	Secondary effectiveness
	<ul> <li>Mortality, including deaths from respiratory failure</li> <li>Number of exacerbations and hospitalisations associated with COPD</li> <li>Quality of life (measured by validated tool for COPD or respiratory impairment)</li> <li>Changes in exercise capacity (with tools such as the 6-minute walking test)</li> </ul>
	<ul> <li>The BODE index- body mass index, airflow obstruction, dyspnoea and exercise index, which is more predictive of mortality then FEV<sub>1</sub></li> <li>Surrogate measures/biomarkers:</li> </ul>
	<ul> <li>Lung density measured on computed tomography</li> <li>Carbon monoxide (CO) transfer or pulmonary diffusing capacity for CO</li> </ul>
	<ul> <li>Costs         <ul> <li>Costs associated with screening for the condition</li> </ul> </li> </ul>

Component	Description
	<ul> <li>Costs of providing the intervention (including costs associated with monitoring lung function, compliance with smoking cessation etc.)</li> <li>Cost per Quality Adjusted Life Year (QALY)</li> </ul>

#### PICO or PPICO rationale for therapeutic and investigative medical services only

#### Population

Alpha1-proteinase inhibitor (A1-PI) or alpha1 antitrypsin (A1-AT) deficiency is a heritable genetic condition that results in decreased circulating (and/or abnormally functioning) A1-PI protein. A1-PI is predominantly synthesized by hepatocytes and released into the bloodstream, where it acts as a serine protease inhibitor, with neutrophil elastase being its primary substrate (de Serres et al. 2003). A1-PI deficiency, defined as ≤30 per cent of normal serum levels, is known to have a role in the development of liver disease and emphysema, and has been hypothesised to be part of pathological processes underlying a range of health conditions.

The application is for patients with A1-PI deficiency, leading to chronic obstructive pulmonary disease (COPD). A1-PI deficiency is associated with a range of problems that fall under the umbrella term of COPD, with panacinar emphysema being the most commonly recognised manifestation. *Consultation with clinical experts indicated the main population to be considered during the assessment phase is ex-smokers or patients who have never smoked, with emphysema and severe A1-PI deficiency. However, if available, evidence could also be provided on a broader population (see rationale). The clinical expert advised that cigarette smoking inactivates A1-PI, rendering this expensive product useless in smokers.* 

Severe A1-PI deficiency is defined as serum levels below 11 µM (approximately 59 mg/dL) (Hatipoglu and Stoller 2016). Clinically this deficiency manifests as panacinar emphysema or hepatitis, cirrhosis, and/or hepatoma (Pharmacy and Therapeutics 2010). Less commonly, vasculitis and panniculitis are observed (Pharmacy and Therapeutics 2010). The deleterious consequences of A1-PI deficiency for lung and liver function occur via different pathways. In the lungs, neutrophil elastase (which has an important role in fighting infection) is normally bound and inactivated by A1-PI. However, with low levels of A1-PI, enzymatic activity of neutrophil elastase goes unchecked, and ultimately its detrimental impact on elastin compromises the bronchia and alveoli. Conversely, liver damage occurs when the A1-PI protein forms polymers that accumulate within hepatocytes and lead to scarring, inflammation or malignancy. A simplified schematic of the mechanisms underlying disease associated with the most prevalent deficiency-causing allele is shown in Figure 1 (Fregonese and Stolk 2008).

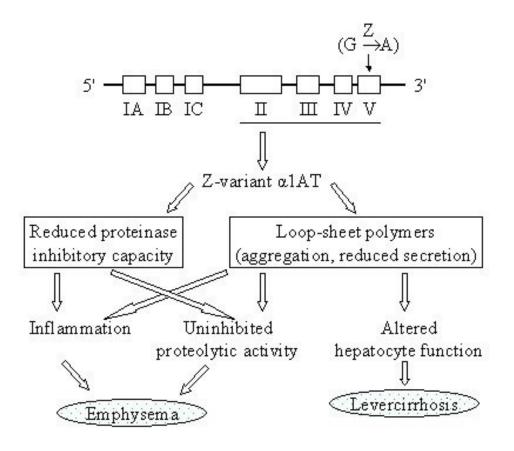


Figure 1 Simplified schematic of the pathway to lung and liver disease associated with A1-P1 deficiency (Fregonese and Stolk 2008)

A1-PI production is specified by a pair of co-dominant alleles on the SERAPINA1 gene, of which PiMM (protease inhibitor, homozygote M) is the most common and normal functioning state. Individuals with only one abnormal gene (e.g. PiMZ or PiMS) may have reduced production of A1-PI, but are often asymptomatic and considered carriers. Genetic variants with at least 100 alleles have been described, but the most prevalent deficiency-causing allele is the Z allele, of which the PiZZ state is amongst the most severe manifestation of deficiency (Brode et al. 2012). The PiSZ and other rare variants also contribute to burden of disease which is attributable to A1-PI deficiency (Häggblom et al. 2015). Because lung manifestations of disease present in adulthood, and early symptoms are common to a range of conditions, the number of patients with a diagnosis is likely to be an underestimate of true condition prevalence.

Serum A1-PI levels associated with selected variants, including those contributing to early onset emphysema, are shown in Table 1 (adapted from Hatipoglu and Stoller 2016)). Prevalence data from Australia is limited, but de Serres et al. (2003) reported gene frequencies per 1000 persons from a range of cohort studies conducted in various Australian populations. De Serres et al. (2003) reported the estimated prevalence of deficient allele carriers in the Australian population is 1 in 8.9 individuals; the majority of whom are carriers. For PiSZ, the prevalence was estimated to be 1 in 841; and for PiZZ, it was estimated at 1 in 5,584. The PiZZ allele contributes to the greatest burden of lung disease in the A1-PI deficient population, and if the population is limited to those with severe deficiency, the treated population would likely be those with the ZZ allele. PASC noted that not all people with ZZ A1-PI deficiency will develop severe emphysema. Based on estimates by commercial sponsors, the incidence of people meeting the criteria for treatment with A1-PI in Australia in 2018 was 252. Considering treatment is expected to be life-long (and not curative), the number of patients being treated will increase cumulatively over time.

PASC recommended the population be restricted to patients with ZZ and null phenotypes, and a FEV1/FVC ratio < 0.7.

Alleles	Impact	Serum A1-PI levels Mg/dL (Mean [5th–95th Percentile])	Genetic prevalence in the Australian population (de Serres et al. 2003)**Genetic prevalence (95% confidence interval) per 1000 (de Serres et al. 2003)
MM	Normal	147 (102–254)	Not applicable
MS or	Carriers, usually asymptomatic	125 (86–218)	1 in 12
MZ		90 (62–151)	1 in 40
SS	Slightly increased emphysema risk, mildly symptomatic or asymptomatic	95 (43–154)	1 in 507
SZ	Individuals produce less A1-PI than normal and have an increased risk of emphysema	62 (33–108)	1 in 841
ZZ*	Most severely affected , individuals have a greatly increased risk of emphysema and liver disease	≤29 (≤29–52)	1 in 5,584
Null	Very rare, no A1-PI produced	0	Very rare, cannot be estimated

 Table 1
 Serum A1-PI levels associated with normal and SZ or ZZ allele variations known to increase the risk of emphysema (Hatipoglu and Stoller 2016)

\*It has been estimated that the number of individuals with the ZZ form in Australia is 4,126 (between 2,894–5,695)(Blanco et al. 2017).\*\*Genetic prevalence (95% confidence interval) per 1000 for the PiS allele is 44.4 (40.7–48.5); for the PiZ allele it is 13.4 (11.4–15.7)

#### Estimate of eligible population in Australia

Estimates of A1-PI deficiency prevalence are varied and not necessarily indicative of the patient population eligible for A1-PI augmentation therapy. Patients proposed for treatment are those with airflow restriction consistent with emphysema; therefore, the starting point for a more robust approach to considering eligible population may be use of the burden of COPD in Australia (as these patients may have emphysema and deficiency). *It is important to note that while clinical advice indicates the suitable population only includes patients with emphysema (i.e. a subgroup of the COPD population), population studies do not tend to differentiate emphysema and COPD.* 

The probability (that emphysema will develop) increases across the MZ, SZ and ZZ genotypes, with the most significant contributor being the ZZ genotype (de Serres and Blanco 2014). Good quality data on the burden of emphysema in an Australian population, and specifically the A1-PI deficient population, is difficult to identify because of the propensity for both to be under-recognised (Brode et al. 2012). It is generally accepted that A1-PI deficiency is associated with 1–3 per cent of all COPD cases, with the ZZ genotype accounting for 0.8 per cent (Janciauskiene et al. 2011; Russo et al. 2016). Table 2 applies this to the prevalence of COPD in the Australian population aged 45 to 64, assuming a constant representation across age-groups. Since patients with A1-PI deficiency might be over-represented in younger age-groups (and younger presentation is an indication for testing), only the prevalence in the 45–64 year age-group has been presented. These figures are indicative only.<sup>1</sup>

<sup>&</sup>lt;sup>1</sup> Alternatively data from the ADAPT registry Stockley, RA 2015, 'Antitrypsin Deficiency Assessment and Programme for Treatment (ADAPT): The United Kingdom Registry', *Copd*, vol.12 Suppl 1pp. 63-68. posits that

Many individuals may not be aware of their A1-PI status, and for various reasons, may never be tested. It is therefore difficult to predict utilisation. Furthermore, how eligibility is defined (in terms of respiratory features and/or level of circulating A1-PI) will influence the pool of eligible individuals.

Age group, years	Persons, % (95% Confidence interval)	Potential number with underlying A1- P1 deficiency of ZZ origin
45–54	2.5 (1.8–3.2)	621
55–64	4.8 (3.7–6.0)	1,057
Total		1,678

Table 2 Prevalence of COPD, ages 45+, 2014–15 (Australian Institute of Health and Welfare 2017)

Explanatory notes: prevalence of COPD is sourced from the AIHW data. To generate estimates of the potential population with A1-PI ZZ deficiency a prevalence of 0.8% of the COPD population was used. It does not appear that there is a difference in prevalence between males or females in terms of A1-PI deficiency.

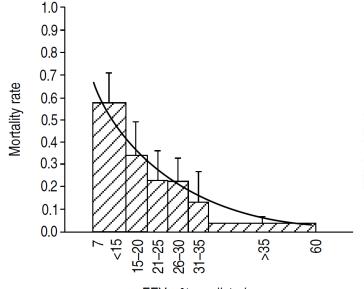
#### A1-PI deficiency-related emphysema

In normal individuals, maximal lung function is attained around 15 to 25 years of age, and remains relatively constant for approximately a decade. After this, it declines by approximately 20 to 25 ml/year, with roughly one litre of loss over the next 50 years (Minai et al. 2008). The Alpha-1 Antitrypsin Deficiency Registry Study Group reports the annual decline in FEV<sub>1</sub> in patients with serum A1-PI below 11  $\mu$ M is between 50–80ml, compared to 20–30ml in A1-PI replete individuals (1998).

While some individuals with A1-PI deficiency may have normal lung function and a normal life expectancy, the risk of developing emphysema is high and exacerbated by a history of smoking. Smoking is the most important lifestyle risk factor for development of emphysema in patients with severe A1-PI deficiency, and may both increase the risk of developing emphysema and decrease the age of onset. However, the rate of decline in respiratory function in ex-smokers, smokers and those who have never smoked, once emphysema has developed, is unclear (Evald et al. 1990). Symptoms often present in the third or fourth decade of life, commonly with emphysema that is predominantly in the base of the lungs (Brode et al. 2012). Emphysema is an important cause of mortality for individuals with A1-PI deficiency, and an early study of 124 patients with A1-PI deficiency and symptomatic emphysema found a significantly shortened lifespan, with a mean survival of 16% at 60 years of age, compared with 85% for normal persons (Brantly et al. 1988). The progression of emphysema is characterised by worsening pulmonary function, reduced exercise capacity, increasing symptom burden and negative impact on quality of life.

FEV<sub>1</sub> has been shown in a number of studies to be an important predictor of survival in patients with emphysema with two-year mortality increasing exponentially once FEV<sub>1</sub> falls below one-third of predicted; at this point two-year mortality reaches 50% in patients with FEV<sub>1</sub> of 15% of predicted. This is shown in Figure 2 (Seersholm et al. 1994). In considering the overall pattern of FEV<sub>1</sub> decline over the course of disease it has been observed that FEV<sub>1</sub> declines most rapidly in patients with moderately reduced lung function with a slower decline with mild or severely reduced lung function (U shaped curve). This relationship is shown in Figure 3. When considering augmentation therapy,

4.6% of ZZ individuals are symptomatic, from a total ZZ population of 4,126 estimated ZZ patients in Australia Blanco, I, Bueno, P, Diego, I, Pérez-Holanda, S, Casas-Maldonado, F, Esquinas, C & Miravitlles, M 2017, 'Alpha-1 antitrypsin Pi\*Z gene frequency and Pi\*ZZ genotype numbers worldwide: an update', *International Journal of Chronic Obstructive Pulmonary Disease*, vol.12pp. 561-569. there would be approximately 190 eligible patients. Since these estimates are disparate it is suggested that there is substantial uncertainty about the best estimate of population size and the most applicable patient population, it is relevant to consider how the natural history of  $FEV_1$  decline might affect the ability to demonstrate efficacy.<sup>2</sup>



FEV<sub>1</sub> % predicted Figure 2 Two-year mortality rate and FEV<sub>1</sub> in patients with A1-PI deficiency (Seersholm et al., 1994)

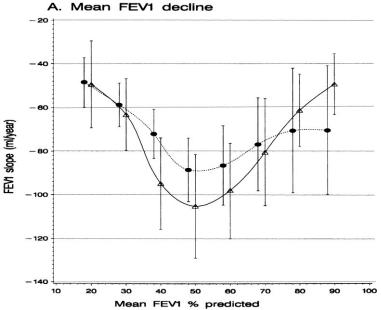


Figure 3 Mean FEV<sub>1</sub> decline by level of FEV<sub>1</sub>% predicted and augmentationtherapy status. Estimated mean decline in FEV1 (ml/yr), with 95% confidence limits, as a function of mean FEV<sub>1</sub>% predicted, for subjects receiving augmentation therapy (solid dot, dashed line) and those not receiving augmentation therapy (triangle, solid line)(The Alpha-1-Antitrypsin Deficiency Registry Study Group 1998).

#### <u>Rationale</u>

There is uncertainty regarding the appropriate population for this application, as well as criteria which could be used to select appropriate patients for treatment. The rationale for augmentation therapy is that by administering the protein to severely deficient patients, the progression of emphysema will be prevented or slowed. However, in the literature on augmentation therapies, there is variation in the characteristics of patients who have been selected to receive augmentation treatment, and discordant views on the benefit of treatment. At the assessment phase, it may be relevant to consider the following questions (Tonelli and Brantly 2010):

- 1. Should the population be limited according to any baseline  $FEV_1$  level?
- 2. Should the population be limited to the ZZ genotype? Noting that MZ and SZ individuals are also at risk for developing emphysema and may exhibit accelerated decline in respiratory function relative to MM individuals.
- 3. Is 11  $\mu$ M an adequate threshold for defining the population? (noting that epidemiological studies showed the risk of emphysema is reduced above this threshold, but how this threshold predicts response to augmentation therapy in patients with COPD is unclear).

In relation to the above, further information on registration status and clinical trial eligibility criteria are discussed below.

<sup>&</sup>lt;sup>2</sup> When the rate of  $FEV_1$  decline (over time) is small, it is likely to be difficult to demonstrate significant differences between groups over a short timeframe.

# Registration status and details associated with the proposed treatments and clinical evidence of effectiveness

It is relevant to consult ARTG listings for the proposed therapies, which are not consistent (see Table 3). Both agents are registered for use in the A1-PI deficient population, but eligibility for Prolastin-C is based on FEV1 level, whilst Zemaira's eligibility is based on serum A1-PI levels. The listing for Prolastin-C includes, potentially, a slightly larger pool of patients, in that it may include SS or SZ individuals who have reduced (but not severe) deficiency of A1-PI levels, but who are also more likely to be represented in the emphysema population than A1-PI replete individuals.

Similarly, the available randomised controlled trials investigating augmentation therapy are inconsistent in terms of whether they enrolled only ex-smokers or also patients who had never smoked (Table 4) – as well as whether there was any restriction of FEV1. Two of the trials used FEV1 criteria with slight differences between them, and a third based enrolment on serum A1-PI concentration. All studies have expressly (or by inference) excluded non ZZ genotypes (two of three included only ZZ and the third required serum concentration <11  $\mu$ M). Hence, there is not a consistent approach to defining the population that might benefit (or benefit maximally) from augmentation therapy. As a consequence, recommendations about the appropriate population for treatment in the literature are varied. For example, the Canadian guidelines suggest augmentation therapy may be considered in non-smoking or ex-smoking patients, who have COPD (FEV1 25% to 80% predicted) that is attributable to emphysema and documented A1-AT (level  $\leq$ 11  $\mu$ M), who are receiving optimal pharmacological and non-pharmacological therapies (Marciniuk et al. 2012). Whilst an American consensus statement recommends augmentation therapy for individuals with established airflow obstruction from A1-PI deficiency (American Thoracic Society/European Respiratory Society 2003) and notes that benefits in individuals with mild or severe airflow obstruction are unclear.

Given the apparent uncertainty about patients most likely to benefit from augmentation therapy, it would be relevant to examine the treatment-modifying effect of emphysema severity and serum A1-PI at the assessment phase.

Product	ARTG ID and details
PROLASTIN-C	ARTG ID 234553: indicated to increase serum Alpha1-PI levels in adults with congenital deficiency of alpha- 1 antitrypsin and with <u>clinically significant emphysema (FEV<sub>1</sub> less than 80%)</u> . The data for clinical efficacy of PROLASTIN-C is derived from changes in the biomarkers alpha-1 anti-protease level and CT lung density. Efficacy on FEV <sub>1</sub> or patient relevant endpoints such as quality of life or pulmonary exacerbations has not been established in randomised clinical trials. Clinical trials have only included <u>patients who were</u> <u>not smoking</u> .
Zemaira	ARTG ID 273182: indicated for maintenance treatment, to slow the progression of emphysema in adults with documented severe A1-PI deficiency (A1-PI less than 11 µM) and progressive lung disease. Patients are to be under optimal pharmacologic and non-pharmacologic treatment.

Table 3	Approved aug	gmentation therapi	es and their indications
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#### Table 4 Eligibility criteria of the included studies (Gotzsche and Johansen 2016)

Study	Included patients	
Dirksen et al. (1999)	58 ex-smokers from Denmark and The Netherlands with alpha-1 antitrypsin deficiency of PI*ZZ phenotype and moderate emphysema (FEV <sub>1</sub> between 30% and 80% of predicted). Patients were required to have ceased smoking at least six months prior to entry in the study.	
EXACTLE (Dirksen et al. 2009)	82 ex- or never-smokers from Copenhagen (Denmark), Malmö (Sweden) and Birmingham (UK) with severe alpha-1 antitrypsin deficiency (serum concentration <11 μM)	
RAPID (Chapman et al. 2015; McElvaney et al. 2017)		
. Applicat	PICO Confirmation – Ratified 7 June 2018 ion 1530: Purified human alpha1-proteinase inhibitor reatment of alpha1-proteinase inhibitor deficiency	

#### Prior test (investigative services only - if prior tests are to be included)

### Diagnosis of COPD

The diagnosis of COPD is generally based on symptoms (breathlessness, cough and sputum), postbronchodilator FEV<sub>1</sub>/FCV and patient history (smoking or exposure to noxious gases or particles). According to Campos et al. (2005), A1-PI deficiency is an under recognised condition in which there is an average interval of seven to eight years between symptom onset and diagnosis. A complicating factor is the prevalence of under-diagnosis and misdiagnosis of emphysema more broadly. The nonspecific and gradual nature of symptoms may prevent patients seeking medical review and physicians may attribute symptoms to acute respiratory infections. Recognising and testing for A1-PI deficiency in the setting of emphysema requires that individuals recognise and act on symptoms and practitioners undertake comprehensive patient workup.

Definitive diagnosis requires spirometry which measures timed expired and inspired volumes. According to the COPD-X guidelines indications for spirometry include (Yang et al. 2017):

- breathlessness that seems inappropriate;
- chronic (daily for two months) or intermittent, unusual cough;
- frequent or unusual sputum production;
- relapsing acute infective bronchitis; and
- risk factors such as exposure to tobacco smoke, occupational dusts and chemicals, and a strong family history of COPD.

COPD is indicated when the ratio of FEV<sub>1</sub> to FVC is <70% and the FEV<sub>1</sub> is <80% of the predicted value (normal values are obtained from healthy population studies, and derived from formulas based on height, age, sex and ethnicity). **Table 5** provides a guide to severity that was adapted from the 2017 Australian and New Zealand guidelines for diagnosis and management of COPD. Individuals with A1-PI deficiency exposed to environmental air pollutants or who smoke may also experience accelerated lung damage relative to A1-PI replete individuals.

	Mild COPD	Moderate COPD	Severe COPD
Symptoms	Limited symptoms Breathless on moderate exertion Recurrent chest infections Little or no effect on daily activities	Breathless walking on level ground Increasing limitation of daily activities Cough and sputum production Exacerbations requiring oral corticosteroids and/or	Breathless on minimal exertions Daily activities severely curtailed Experiencing regular sputum production Chronic cough Exacerbations of increasing
		antibiotics	frequency and severity
Typical FEV <sub>1</sub>	60 to 80% of predicted	40 to 59% of predicted	<40 % of predicted

Table 5 Characteristics of COPD in mild, moderate and severe disease (Yang et al. 2017)

#### Diagnosis of emphysema

Emphysema, a form of COPD, is the result of enlargement of air spaces distal to the terminal bronchioles, and destruction of alveolar walls in the absence of obvious fibrosis. This pathological process: reduces alveolar surface area for gas exchange; limits elastic recoil and therefore airflow; and causes airway narrowing, further limiting airflow (Boka 2016). For individuals with A1-PI deficiency, panacinar emphysema predominates, in which the entire alveolus is uniformly destroyed (and this manifests predominantly in the lower lungs). For the diagnosis of emphysema, investigations include chest radiographs and computed tomography. Computed tomography is more

sensitive and specific for diagnosing emphysema, however it is predominantly used in patients being considered for surgical interventions and typically is not a routine investigation in COPD (Boka 2016).

## A1-PI deficiency testing

When considering the diagnosis of A1-PI deficiency, testing facilitates a more complete diagnosis in symptomatic individuals. In the setting of augmentation therapy, this may alter management, as well as provide information about risks for asymptomatic individuals. It also has a role in genetic counselling in relation to reproduction (American Thoracic Society/European Respiratory Society 2003). Currently, there are differences of opinion about which populations should be tested for deficiency, and as yet, there are no Australian guidelines on the issue.

The World Health Organisation recommends all patients with COPD be screened for A1-PI deficiency. The American Thoracic Society/European Respiratory Society statement: 'Standards for the Diagnosis and Management of Individuals with Alpha1-Antitrypsin Deficiency' suggests genetic testing is warranted in:

- "symptomatic adults with emphysema, chronic obstructive pulmonary disease, or asthma with airflow obstruction that is incompletely reversible after aggressive treatment with bronchodilators"; and
- "asymptomatic individuals with persistent obstruction on pulmonary function tests with identifiable risk factors (e.g. cigarette smoking, occupational exposure)."

Furthermore, the statement indicates genetic testing is warranted in siblings of an individual with known deficiency (American Thoracic Society/European Respiratory Society 2003). The Canadian Thoracic Society clinical practice guideline (2012) suggests testing for A1-AT deficiency be considered in "individuals with COPD diagnosed before 65 years of age or with a smoking history of <20 pack years", and that "targeted testing for A1-AT deficiency not be undertaken in individuals with bronchiectasis or asthma" (Marciniuk et al. 2012).

Diagnosis of A1-PI deficiency involves consideration of:

- serum levels of A1-PI (low levels indicated deficiency)
- A1-PI phenotyping test to determine the type of AAT protein that an individual has
- A1-PI genotyping to determine the type (i.e. MZ or ZZ etc)

Testing requires a blood sample (in lithium heparin tube if genotyping is required) and consists of an immunoassay and isoelectric focussing for phenotyping (Royal College of Pathologists of Australasia 2014). DNA testing may be done as a follow-up to an alpha-1 antitrypsin level and phenotype. The Royal College of Pathologists manual suggests that if deficiency is documented, genotyping should be performed on the index case and their family. Furthermore, the manual suggests that where there is high clinical suspicion of deficiency, genotyping be performed even if serum deficiency is not identified (Royal College of Pathologists of Australasia 2014).

It is important to note that the clinical relevance of testing for A1-PI deficiency, genotyping and family testing may be altered by availability of a specific treatment option. In the absence of augmentation therapy, patients with emphysema are managed in the same way, irrespective of their A1-PI status; however, if augmentation therapy was broadly available, there would be an additional incentive for testing.

#### Compliance with smoking cessation

Patients who are current smokers are not eligible for treatment with augmentation therapy, and potential providers may wish to monitor compliance. Urine, blood or saliva testing can all be used to screen for tobacco exposure. Continine is the most frequently-tested metabolite of nicotine and can be tested in blood or urine (with dipstick testing an option). The type of testing that would be used in practice to monitor this population is uncertain (Lab Tests Online 2015).

#### Intervention

The proposed intervention is augmentation with alpha-1 antitrypsin concentrate, derived from human plasma and delivered intravenously to the patient. This is an additive intervention, as it will be given in addition to best supportive care for patients with emphysema (Ranes and Stoller 2005). There is uncertainty around level of patient exposure to this therapy that will provide maximal effect, and the randomised controlled trials differ on volume and frequency of product that patients were treated with. The dose in the earlier trial by Dirksen et al. was 250 mg/kg every four weeks, whereas the dose in the later trial by the same lead author (EXACTLE) was 60 mg/kg per week. The more recent RCT (RAPID) reportedly used the same dosing strategy of 60 mg/kg per week. Thus, according to trials reported in the published literature and product manufacturer recommendations, this is the most common dosing strategy. A statistical modelling study of the results of RAPID-RCT and RAPID-OLE stated that the dose of 60 mg/kg per week achieved the desired study outcome (which was serum levels  $\leq 11 \mu$ M). However, no evidence in RAPID was found of a plateau in clinical efficacy as A1-PI exposure increases, thus the maximum clinically effective threshold for treatment in these patients has not yet been established (Tortorici et al. 2017). Another option is individualising dosage based on trough levels for each patient, but the benefit of this requires confirmation (Miravitlles et al. 2017).

The clinical expert explained to PASC that treatment needs to be lifelong, or it is a waste of resources.

Two augmentation therapies—PROLASTIN-C and Zemaira (marketed as Respreeza in Europe)—are registered on the ARTG for use in Australia. Although PROLASTIN-C has been in use for longer (with Zemaira joining the market more recently), they are bioequivalent products, with slightly different eligibility criteria (see Table 3).

Therapeutic concentrations of A1-PI are prepared from the blood of plasma donors. The product is presented in a sterile lyophilised powder, in a 1g vial. It needs to be reconstituted in 20mL of water for intravenous administration. Augmentation with alpha1-antitrypsin is administered at an infusion rate of approximately 0.08mL/kg per minute, and infusion takes approximately 15 minutes. Patients may administer at home themselves or with assistance of a carer, when deemed appropriate by the treating specialist and after receiving adequate training (REDACTED)

Both products are provided in a pack containing:

- 1 vial 1g lyophilised powder;
- 1 vial 20mL sterile water for injection
- 1 sterile filter needle; and
- 1 vented transfer device.

As a note for the future, two additional A1-PI augmentation products are registered with the FDA for use in the United States, being Aralast<sup>™</sup> (FDA 2012) and GLASSIA (FDA 2010). These products have

the same indication, although GLASSIA is provided in a single vial with 1g of A1-PI in 50mL of solution, and Aralast<sup>™</sup> contains more A1-PI. Shire, the manufacturer of these two products, has stated it has no plans to market them in Australia at this time.

Product information for Prolastin-C reported that the most common adverse events, occurring at a rate of  $\geq$ 1% were chills, malaise, headache, rash, hot flush, and pruritis. These were reported in two open-label trials, including 62 patients in total, with the most serious adverse event being an abdominal extremity rash.

Researchers are working towards a new product becoming available (aerosolised A1-AP). This would offer an alternative route to the intravenous administration of A1-PI, and is proposed to address the expensive and time consuming nature of A1-PI augmentation. At present, the safety and effectiveness of aerosolised A1-AP have not been confirmed, but a long-term study has not yet been published (Franciosi et al. 2015).

#### <u>Rationale</u>

It appears the optimal dose of this therapy has not been confirmed in the literature. The dosing strategy used in published RCTs is provided in Table 6. As stated, a larger volume less frequently administered was used in 1999, and since then, the strategy of 60 mg/kg body weight per week seems to have been used. However, the minimal clinically-effective threshold is yet to be confirmed.

Trial ID Level of evidence	Eligibility criteria of patients (FEV <sub>1</sub> , genetic variant or serum A1-PI levels if given)	Product	Dosing strategy	Comparator	Follow up	Outcomes
Published trials						
Dirksen et al. (1999) RCT	α <sub>1</sub> -antitrypsin deficiency of PI*ZZ phenotype from isoelectric focusing; moderate to severe emphysema (FEV <sub>1</sub> between 30% and 80% of predicted); ceased smoking since 6 months	Prolastin-C	250 mg/kg body weight Every 4 weeks	Placebo: albumin 625 mg/kg body weight	36 months	Pulmonary function testing: FEV <sub>1</sub> , carbon monoxide diffusion constant (KCO), diffusion capacity (DL co) at 3mo intervals; patient administered serial spirometry daily; CT annually
EXACTLE (Dirksen et al. 2009) RCT	Severe congenital α <sub>1</sub> -AT deficiency (with α <sub>1</sub> -AT serum concentration <11 μM) ; ceased smoking since 6 months	Prolastin®	60 mg/kg body weight weekly	Placebo: 2% albumin	24 months	Pulmonary function testing: FEV <sub>1</sub> , diffusing capacity of the lung for carbon monoxide $(D_{L,CO})$ , transfer coefficient of the lung for carbon monoxide ( $K_{CO}$ ); frequency of exacerbations collected in diary
RAPID (Chapman et al. 2015; McElvaney et al. 2017) RCT	M/F aged 18–65 with emphysema secondary to $\alpha_1$ antitrypsin deficiency (serum A1PI concentration of $\leq$ 11 µM) and FEV <sub>1, 0f 35</sub> –70% of predicted; ceased smoking since 6 months	Zemaira	60 mg/kg body weight weekly	Placebo	24 months	Primary: Lung density CT at 3, 12, 21 and 24 months; 15th percentile CT lung density at functional residual capacity and total lung capacity. Secondary: Number of exacerbations; FEV <sub>1</sub> ; single-breath diffusion capacity; baseline; A1PI concentrations (functional and antigenic assays); incremental shuttle walk; health status; body-mass index; mortality; and safety.

#### Table 6 Published randomised controlled trials

<b>13</b>   Page	PICO Confirmation – Ratified 7 June 2018	
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protei	se inhibitor deficiency	

In addition to published trials, a current clinical trial (SPARTA) is due for completion in 2021. SPARTA is a placebo-controlled trial of alpha1-proteinase inhibitor, 60 or 120 mg/kg per week in 339 Australian patients. The primary measured outcome is lung CT scans (Sorrells et al. 2015).

#### Comparator

#### Change in practice

As stated, A1-PI deficiency is associated with indications falling under the umbrella term of COPD, in which panacinar emphysema is the most commonly recognised manifestation. Current clinical management treats symptoms of the emphysema, not the underlying causes of the disease (REDACTED). It is expected that augmentation with alpha1-antitrypsin will be provided in addition to best supportive care, which is the care provided to COPD patients regardless of A1-PI status. While best supportive care can be provided via a number of means, the COPD-X guidelines (below) reflect what is currently accepted to be best care.<sup>3</sup>

#### Main alternative

The comparator for this intervention is best supportive care for patients with COPD. Strategies for the management of stable COPD are provided in the Australian and New Zealand guidelines for the diagnosis and treatment of COPD (Yang et al. 2017), as follows:

• Non-pharmaceutical strategies

Pulmonary rehabilitation and physical activity are strongly evidenced to be effective in optimising function. Pulmonary rehabilitation includes supervised exercise training and can be given in conjunction with any number of the following: behaviour change, nutritional advice, or psychosocial support. Programs can be provided in a hospital outreach department or in the community setting. However, if a patient does not have access to rehabilitation therapy, they should try to be as active as possible, as physical inactivity is linked with increased exacerbations and mortality.

• Pharmacological strategies

The aim of pharmacological strategies is to reduce symptoms, prevent exacerbations, and improve health status by targeting the pathophysiology of the disease. Inhaled medications are the primary pharmacological strategy. A stepwise approach is recommended for taking inhaled medicines, irrespective of severity, until adequate control is reached (Lung Foundation Australia).

Intervention is started with short-acting bronchodilators (B<sub>2</sub>-agonists) which can be used as needed for short-term symptom relief. And then if these prove to be insufficient, long-acting bronchodilators are added to the strategy, these can be either long-acting muscarinic antagonists (LAMAs) or long-acting B<sub>2</sub>-agonists (LABAs), they reduce breathlessness and decrease risk of exacerbations. If breathlessness persists with one type of long-acting bronchodilator therapy, a fixed dose inhaler combining both LAMA/LABA therapies is recommended.

Anti-inflammatory agents are the next step. An inhaled corticosteroid combined with long-acting dilators (ICS/LABA) can be considered in more severe cases of COPD (where FEV is <50% and the patient has a history of repeated exacerbations). It should be noted that a possible adverse reaction to ICS is increased risk of pneumonia. There is also an option of using ICS/LABA inhaler together with

### <sup>3</sup> REDACTED

LAMA inhaler in patients with moderate to severe COPD requiring additional treatment, although further studies are needed to confirm the safety and effectiveness of triple inhaler use.

Issues associated with inhaled medicines include incorrect inhaler technique and polypharmacy. Low proficiency at using an inhaler is common, with studies reporting handling errors in 50%–100% of participants. This is an issue as poor technique is associated with lower effectiveness. Polypharmacy of inhaled devices is an increasing problem and, with more devices being used, it increases the chance of incorrect use.

Apart from inhaled medications, corticosteroids and antibiotics can be recommended. Oral corticosteroids hasten resolution of exacerbations and reduce the likelihood of relapse. The recommended dose is up to two weeks of prednisolone (40–50 mg daily). For purulent sputum, antibiotics may also be recommended to address typical and atypical organisms.

Comorbidities that accompany COPD (the main ones being anxiety and depression) increase hospitalisations and these need to be managed. Osteoporotic fractures are also a common problem in patients with COPD, hence bone mineral density testing is important for prevention and monitoring. COPD and its resulting hypoxaemia are known to lead to pulmonary hypertension and right heart failure, especially when occurring with sleep apnoea. When this is suspected clinically, arterial blood gas or a sleep study should be conducted, leading to oxygen therapy or continuous positive airway pressure.

#### • Prevent deterioration

To complement the above-mentioned 'function-optimising' steps, behaviour change is recommended. In the hope of preventing deterioration, patients are recommended to cease cigarette smoking (of utmost importance), reduce alcohol consumption, increase physical activity, and avoid environmental irritants.

Another helpful approach is vaccination for influenza and pneumococcal, as it reduces exacerbations due to influenza and pneumococcal at high-risk times. When used together, there is an additional benefit. Adverse effects of vaccines are mild and self-limiting. It is a cost-effective approach to receive the influenza vaccine annually, particularly patients with severe COPD. The five-yearly pneumococcal vaccination will also protect against community-acquired pneumonia, and therefore reduce the probability of COPD exacerbations.

Long term use of supplemental oxygen assists with correction of severe hypoxaemia, and might also improve survival; using supplemental oxygen for longer periods has been reported to have greater benefits. While no benefit of continuous oxygen therapy has been reported for patients with mild or moderate hypoxaemia, 18 hours a day (at least) is recommended for patients with  $PaO_2$  of  $\leq$ 55 mmHg who also have pulmonary hypertension, polycythaemia or right heart failure. All patients with COPD may benefit from ambulatory oxygen when blood is de-saturated due to exertion. For each patient, it is important to review oxygen use, determination of benefit from the oxygen, and need for continued use.

Patients with very severe disease might need lung transplantation or lung volume reduction—by surgery or bronchoscopically. Only certain patients may be considered appropriate for lung volume reduction, including those with severe emphysema, hyperinflation and ongoing symptoms, despite best management and pulmonary rehabilitation. Likewise patients considered for lung transplantation will be those suffering severe functional impairment and airflow obstruction, which

is not appropriately managed by other strategies. Considerable risks are associated with these procedures (Yang et al. 2017). PASC noted that lung transplantation is not curative, because transplant recipients still need A1-PI supplementation to protect their transplanted lungs from the same gradual deterioration.

### <u>Rationale</u>

There are no direct comparators for A1-PI augmentation. Best supportive care for patients with COPD, regardless of A1-PI status, is what this patient population receives in clinical practice when A1-PI is not available. Best supportive care can be provided through all major health facilities in Australia.

Best supportive care (as a comparator) aims to only address symptoms of the disease, optimise function and prevent deterioration, whereas A1-PI augmentation claims to slow progression of the disease.

#### Outcomes

Augmentation therapy increases serum A1-PI levels (and therefore A1-PI levels in the lungs), which is purported to prevent or slow progression of emphysema. FDA guidance for industry on COPD trials (2016) recommends that, for trials intended to show effects on disease progression, the primary endpoint should be serial measurement of FEV<sub>1</sub> over time, with an expectation that decline will diverge over time (airflow preservation in the treatment arm). However, the primary outcome in some trials of augmentation therapy has been CT measures of lung density and functional residual capacity. The applicant suggests the primary endpoint is: improvement in clinical outcomes (symptoms and breathing) and slowing of progression of lung deterioration. Secondary outcomes suggested include: reduction in exacerbation, occurrence, severity and length, increased quality of life.

Direct measures of impact on disease progression require long term follow-up, and are subject to individual variability attributable to baseline FEV<sub>1</sub>, concurrent treatments, smoking history and possibly severity of A1-PI deficiency. Other outcomes relevant to this application include surrogate measures of bioavailability and disease-modification.

#### Safety

• Incidence and severity of adverse events

#### **Primary effectiveness**

- Respiratory function measured by spirometry (FEV<sub>1</sub>) and FEV<sub>1</sub>/FVC ratio
- Dyspnoea (measured with a validated tool; e.g. baseline dyspnoea index, transition dyspnoea index)

#### Secondary

- Mortality, including deaths from respiratory failure
- Number of exacerbations and hospitalisations associated with COPD
- Quality of life (measured by validated tool for COPD or respiratory impairment)
- Changes in exercise capacity (with tools such as the 6-minute walking test)
- BODE index- body mass index, airflow obstruction, dyspnoea and exercise index (De Torres, Thorax 2014; 69:799–804) this is more predictive of mortality then FEV<sub>1</sub>
- Surrogate measures/biomarkers:

- Lung density measured by computed tomography (CT)
- Carbon monoxide (CO) transfer or pulmonary diffusing capacity for CO (DLCO)

## <u>Minimal Clinically Important Differences (MCID) for Commonly Used Outcomes in Chronic</u> <u>Obstructive Pulmonary Disease from Jones et al. (2014)</u>

In the context of COPD, validated MCIDs are available for a range of outcomes, including lung function, dyspnoea, health status, and exercise capacity. However, the way in which MCIDs are analysed within COPD trials may vary. Table 7 presents reference values that might be considered during the assessment phase. Published MCIDs for surrogate outcomes (such as lung density measured by CT) were not identified.

Endpoint	MCID (Improvement)	Method of Estimation	
Lung function			
Trough FEV <sub>1</sub>	100 ml	Anchor-based (exacerbations, patient perception, 2-yr decline in lung function)	
Exacerbations	No validated MCID	_	
Dyspnoea			
TDI total score	1 unit	Anchor-based (physician's global evaluation score), distribution-based (SEM, 0.5 SD), expert preference	
UCSD SOBQ	5 units	Anchor-based (CRQ dyspnea domain, TDI), distribution-based (SEM, Cohen's effect size), estimate by experienced users	
Health status		•	
SGRQ total score	4 units	Anchor-based (MRC dyspnea grade, CRQ dyspnea domain, mortality rate), expert and patient preference	
CRQ domain scores	0.5 units (average)*	Anchor-based (patient perspectives), distribution-based (SEM, Cohen's effect size), expert panel-based	
Exercise capacity		•	
6-min walk distance	26 ± 2 minutes (patients with severe COPD)	Anchor-based (SGRQ, UCSD SOBQ), distribution-based (SEM, Cohen's effect size, empirical rule effect size)	
Incremental shuttle walking test	47.5 minutes	Anchor-based (patient perception)	
Endurance shuttle walking test	45–85 s	Anchor-based (patient perception), distribution-based (0.5 SD)	
Constant-load cycling endurance tests	46–105 s	Distribution-based (0.5 SD)	
Dyspnea during exercise tes	ts		
Modified Borg scale	1 unit	Distribution-based (Cohen's effect size)	
Visual analog scale	10–20 units	Distribution-based (Cohen's effect size)	

Table 7	Minimal Clinically Important Differences for Commonly Used Outcomes in Chronic Obstructive Pulmonary
	Disease from Jones et al. (2014)

COPD = chronic obstructive pulmonary disease; CRQ = Chronic Respiratory Questionnaire; MCID = minimal clinically important difference; MRC = Medical Research Council; SGRQ = St George's Respiratory Questionnaire; TDI = Transition Dyspnea Index; UCSD SOBQ = University of California, San Diego Shortness of Breath Questionnaire.\*The MCIDs for the individual domains differ around this mean estimate.

#### Patient-relevant and direct measures of disease activity or progression

For patients, the directly-relevant outcomes are those which relate to disease progression and severity, symptom burden, complications and harms of treatment. Outcomes falling into this category are listed below (Chorostowska-Wynimko 2016; Gotzsche and Johansen 2016):

#### Patient-relevant measures

- Mortality, including death from respiratory failure
- Dyspnoea (measured with a validated tool e.g. baseline dyspnoea index; transition dyspnoea index)
- Number of exacerbations and hospitalisations associated with COPD

- Changes in exercise capacity (measured with tools such as the 6-minute walking test)
- Quality of life (preferably measured by validated tool for COPD or respiratory impairment)
- Adverse events

#### Objective physiological measures

- Respiratory function measured by spirometry (FEV<sub>1</sub>)
- Body mass index, airflow obstruction, dyspnoea and exercise (BODE) index<sup>4</sup>

#### Disease-modification and relevant outcomes

Current standard of care for COPD patients consists largely of symptomatic treatments, which improve quality of life, but do not address underlying pathological processes contributing to destruction of lung tissue. Augmentation therapy, by normalising A1-PI levels in the pulmonary tissue, is directed to the underlying imbalance in protease/antiprotease activity in A1-PI deficient patients thereby aiming to provide a sustained alteration in disease progression (Chorostowska-Wynimko 2016). In the context of disease modifying interventions in COPD, it is relevant to consider the definition of disease modification and what outcomes can be used to assess effectiveness of an intervention in terms of disease modification (Halpin and Tashkin 2009).

In 2009, a group of physicians and scientists from the USA, Canada and Europe (in the context of COPD) defined disease modification as "an improvement in, or stabilization of, structural or functional parameters as a result of reduction in the rate of progression of these parameters, which occurs whilst an intervention is applied and may persist even if the intervention is withdrawn" (Halpin and Tashkin 2009). Disease-modification may be assessed using a range of parameters (including those listed above), although respiratory function is the most accepted as a valid surrogate for disease status (U.S. Department of Health and Human Services, Food and Drug Administration Center for Drug Evaluation and Research (CDER) 2016). As such, FEV<sub>1</sub> is the most widely used (and commonly accepted) endpoint for assessing efficacy.

However, outcomes such as FEV<sub>1</sub> have limitations in disease-modification trials, in that it:

- changes slowly over time (therefore requiring long follow-up; generally > 2 years);
- exhibits individual variability; and
- (until certain thresholds are reached) has limited correlation with endpoints, such as mortality or exacerbations (Chorostowska-Wynimko 2016).

Therefore, trials of interventions in COPD have begun to use other supplementary measures that speak to structural changes in the lung, including chest computed tomography (CT), concentration of certain gases in exhaled air or breath condensate, inflammatory mediators or cells in relevant biological fluids, and desmosine and isodesmosine levels in plasma (Ma et al. 2016; U.S. Department of Health and Human Services Food and Drug Administration Center for Drug Evaluation and Research (CDER) 2016).

Of these, lung density measured on CT has emerged as the most robust surrogate measure of disease progression, with studies establishing its correlation with QoL (Miravitlles et al. 2017), FEV<sub>1</sub>

<sup>&</sup>lt;sup>4</sup> A recent study by de Torres JP, Casanova C, Marin JM, et al. Prognostic evaluation of COPD patients: GOLD 2011 versus BODE and the COPD comorbidity index COTE. Thorax 2014; 69(9):799–804 found that the BODE index is a useful tool in COPD that is more sensitive at predicting survival than FEV<sub>1</sub> alone.

(Parr et al. 2009), and establishing sensitivity for progression (Stolk et al. 2007) (although there are conflicting views of its utility in the literature). Guidance from the Food and Drug Administration for industry indicates lung density CT can be useful as secondary endpoints to support primary efficacy analysis (U.S. Department of Health and Human Services, Food and Drug Administration Center for Drug Evaluation and Research (CDER) 2016). *The minimal duration and degree of clinically important improvement qualifying as disease modification, however, are uncertain* (Zuwallack and Nici 2012).

During the assessment phase, it may be relevant to provide supporting evidence to establish validity of surrogate measures in demonstrating disease-modification effects. It would also be valid to consider what a minimal clinically-important difference between groups would be.

Criteria for concluding superiority (relative to standard care) should be specified during the assessment phase, in order to support the clinical claim associated with augmentation therapy. In the absence of pre-specified superiority criteria, superiority should be tested with a point estimate and 95% confidence intervals, relative to the null hypothesis that there is no difference between the compared alternatives. To conclude superiority, the 95% confidence interval should exclude the possibility that there is no difference between the compared strategies.

PASC suggested the assessment should consider carer outcome perspectives and additional information about patient experience outcomes.

#### Healthcare system

Table 8 lists relevant MBS items and known costs associated with providing the intervention and diagnostic services.

#### Drug acquisition and service provision

Drug acquisition and service provision costs include:

- Cost of augmentation product (which will vary, depending on patient weight). Both sponsors recommend a dose of 60 mg/kg/week, but the assessment phase may test different dosing schedules.
- Cost of administering the infusion (which may include health service costs and/or cost of patient/carer education on self-administration).
- Cost of managing complications (associated with the augmentation therapy).

#### Cost of screening and testing

Costs associated with testing for emphysema and A1-PI deficiency need to be considered; in particular, cost impacts of testing a population for whom the therapy is not currently indicated.

At present, because knowledge of A1-PI status does not impact the management of patients, screening for deficiency is not a routine component of care for patients with emphysema (unless there is high clinical suspicion, based on age and family history). Availability of this specific therapy is likely to alter this, but the population that could be considered for screening is likely to be smaller than the total COPD population, because:

- emphysema is a subgroup of the COPD population; and,
- individuals with a long history of smoking, who present at older age or with other significant risk factors for COPD, might not be investigated.

At the broadest level, it is possible that many COPD patients could be screened for A1-PI deficiency, particularly if they develop symptoms at a young age. In the 45 to 54 age group, with a COPD prevalence of 2.5 per cent, there could be as many as <u>77,625</u> people eligible for testing. Whilst this is almost certainly a substantial overestimate, it highlights the magnitude of potential testing or screening. It is suggested this be considered during the assessment phase, in relation to budget impact of the proposed listing. See Table 8 for detail on costs associated with these services.

#### Resources provided to deliver the comparator

As augmentation therapy will be added to standard care, the main cost will be the additional cost of augmentation agents. Augmentation therapy is not assumed to displace other COPD treatments. Costs will therefore be incurred in both arms of managing COPD that, depending on assumptions about exacerbations and symptoms, may be the same or different between groups.

#### Potential cost offsets

Potential cost offsets will depend on assumptions about impact of the intervention on morbidity and mortality associated with COPD. If augmentation therapy delays progression, reduces exacerbations or improves symptoms, there will be cost offsets in terms of disease management and hospitalisations.

Item	Cost
MBS items for A1-PI deficiency	
Category 6 Pathology Services: 66635 Alpha-1-antitrypsin - quantitation in serum, urine or other body fluid - 1 or more tests	MBS Fee: \$20.10 Benefit: 75% = \$15.10 85% = \$17.10
Category 6 Pathology Services: 66638 Isoelectric focussing or similar methods for determination of alpha-1-antitrypsin phenotype in serum - 1 or more tests	MBS Fee: \$49.05 Benefit: 75% = \$36.80 85% = \$41.70
MBS item for respiratory function	
Category 2 – Diagnostic procedures and investigations: 11503	MBS Fee: \$138.65 Benefit: 75% = \$104.00 85% = \$117.90
Measurement of the:(a) mechanical or gas exchange function of the respiratory system; or (b) respiratory muscle function; or (c) ventilatory control mechanisms.	
Various measurement parameters may be used including any of the following: (a) pressures; (b) volumes; (c) flow; (d) gas concentrations in inspired or expired air; (e) alveolar gas or blood; (f) electrical activity of muscles.	
The tests being performed under the supervision of a specialist or consultant physician or in the respiratory laboratory of a hospital. Each occasion at which 1 or more such tests are performed, not being a service associated with a service to which item 22018 applies.	
MBS items associated with lung imaging	
Category 5 Diagnostic Imaging Services: 56301	MBS Fee: \$295.00 Benefit: 75% = \$221.25 85% = \$250.75
COMPUTED TOMOGRAPHY - scan of chest, including lungs, mediastinum, chest wall and pleura, with or without scans of the upper abdomen, without intravenous contrast medium, not being a service to which item 56801 or 57001 applies and not including a study performed to exclude coronary artery calcification or image the coronary arteries (R) (K) (Anaes.)	
<b>Category 5 Diagnostic Imaging Services: 56301</b> COMPUTED TOMOGRAPHY - scan of chest, including lungs, mediastinum, chest wall and pleura, with or without scans of the upper abdomen, with intravenous contrast medium and with any scans of the chest including lungs, mediastinum, chest wall or pleura and upper abdomen prior to intravenous contrast injection, when undertaken, not being a service to which item 56807 or 57007 applies and not including a study performed to exclude coronary artery calcification or image the coronary arteries (R) (K) (Anaes.)	MBS Fee: \$400.00 Benefit: 75% = \$300.00 85% = \$340.00

#### Table 8 Costs associated with delivering the intervention

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ltem	Cost
Category 5 Diagnostic Imaging Services: 56341 COMPUTED TOMOGRAPHY - scan of chest, including lungs, mediastinum, chest wall and pleura, with or without scans of the upper abdomen, without intravenous contrast medium, not being a service to which item 56841 or 57041 applies and not including a study performed to exclude coronary artery calcification or image the coronary arteries (R) (NK) (Anaes.)	MBS Fee: \$149.45 Benefit: 75% = \$112.10 85% = \$127.05
Category 5 Diagnostic Imaging Services: 56347 COMPUTED TOMOGRAPHY - scan of chest, including lungs, mediastinum, chest wall and pleura, with or without scans of the upper abdomen, with intravenous contrast medium and with any scans of the chest including lungs, mediastinum, chest wall or pleura and upper abdomen prior to intravenous contrast injection, when undertaken, not being a service to which item 56847 or 57047 applies and not including a study performed to exclude coronary artery calcification or image the coronary arteries (R) (NK) (Anaes.)	MBS Fee: \$202.00 Benefit: 75% = \$151.50 85% = \$171.70
Category 5 Diagnostic Imaging Services: 58500 CHEST (lung fields) by direct radiography (NR)	MBS Fee: \$35.35 Benefit: 75% = \$26.55 85% = \$30.05
Category 5 Diagnostic Imaging Services: 58502 CHEST (lung fields) by direct radiography (NR)(NK)	MBS Fee: \$17.70 Benefit: 75% = \$13.30 85% = \$15.05
Category 5 Diagnostic Imaging Services: 58503 CHEST (lung fields) by direct radiography (R)	MBS Fee: \$47.15 Benefit: 75% = \$35.40 85% = \$40.10
Category 5 Diagnostic Imaging Services: 58505 CHEST (lung fields) by direct radiography (R)(NK)	MBS Fee: \$23.60 Benefit: 75% = \$17.70 85% = \$20.10
Category 5 Diagnostic Imaging Services: 58506 CHEST (lung fields) by direct radiography with fluoroscopic screening (R)	MBS Fee: \$60.75 Benefit: 75% = \$45.60 85% = \$51.65
Augmentation therapy	
Zemaira 1000 mg vial (applicant supplied costs)	REDACTED
Prolastin-C 1000 mg vial (applicant supplied costs)	REDACTED
<b>MBS item 13915</b> CYTOTOXIC CHEMOTHERAPY, administration of, either by intravenous push technique (directly into a vein, or a butterfly needle, or the side-arm of an infusion) or by intravenous infusion of not more than 1 hours duration - payable once only on the same day, not being a service associated with photodynamic therapy with verteporfin or for the administration of drugs used immediately prior to, or with microwave (UHF radiowave) cancer therapy alone	\$51.95 (Annual costs, assuming no self-administration: \$2,701)

# <u>Rationale</u>

No additional comments.

Current clinical management algorithm for identified population

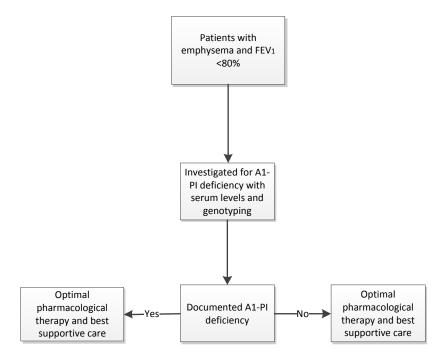
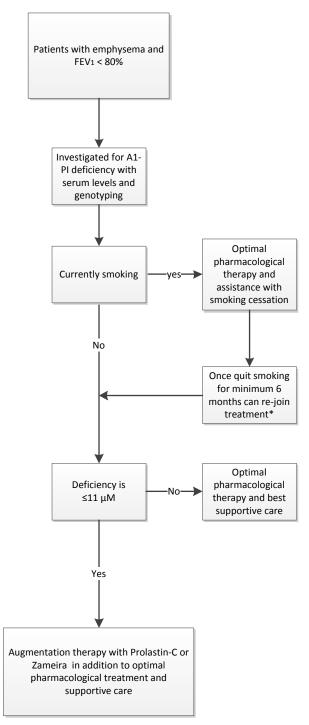


Figure 4 Current clinical management algorithm for patients with emphysema and FEV1 <80%

#### Proposed clinical management algorithm for identified population



\*Patients should be monitored for failure to quit smoking, and if relapse occurs they will lose access to the intervention

#### Figure 5 Proposed clinical management algorithm for patients with emphysema and FEV1 <80%

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#### Proposed economic evaluation

The applicant has specified the comparative claim is one of superiority on the basis that augmentation therapy slows the progression of emphysema in adults with A1-PI deficiency. This is assumed to lead to delayed decline in respiratory function, with consequences for COPD-associated morbidity and mortality. Given the applicant is claiming superiority (relative to currently available treatments), a cost-effectiveness or cost-utility analysis is appropriate to determine if increased health outcomes (and any cost offsets) justify the increased expense. PASC suggested a cost-utility analysis would be most appropriate for this assessment. Based on the plentiful literature on COPD (including utilities for various stages of disease), it should be feasible to present a cost-utility analysis, quantifying the QALY gains associated with the proposal (in order to inform an incremental cost effectiveness ratio).

In considering the proposed economic evaluation, it is relevant to consider that an individual's baseline level of respiratory function will impact on morbidity and mortality, as well as affecting the capacity for gain from treatment. As COPD is characterised by slow progression, with direct impacts on mortality unlikely to be seen in relatively short trials (unless patients have very severe COPD at baseline), cost-utility analysis will be required to extrapolate outcomes, likely, beyond trial study periods.

PASC may wish to consider what the relevant time-horizon would be for economic analyses in the context of COPD and A1-PI deficiency.

#### Proposed item descriptor

Augmentation therapy is proposed for reimbursement on the National Products List managed by the National Blood Authority. New blood and blood-related products reviewed by the Jurisdictional Blood Committee may be referred to MSAC for evidence-based evaluation of safety, clinical effectiveness and cost-effectiveness. No MBS item descriptor is required for this application.

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